



## MANHATTAN SOCCER CLUB

### How to Direct Emergency Medical Services to a Randall's Island Field

If you are on a Randall's field and someone requires emergency medical services, follow these instructions:

1. Call 911, find your field from the list below, then read the directions, word-for-word, to the operator
2. Call Randall's Office at 212-860-1899 to ask for assistance flagging ambulance. If office is closed, try to flag a parks employee for help as well.
3. Have someone wait at the entrance to the field to flag down the ambulance
4. Important keywords to use, if appropriate

"Unconscious" "semi-conscious" "In distress" "bleeding"

Field	Say this EXACTLY to the Operator (Note: WARD's Island is part of Randall's)
<b>Bronx Shore 6, 7, 8</b>	"In Manhattan, Randall's Island, Bronx Shore Road, Field 6" (7,8, etc)
<b>10 (Icahn)</b>	"In Manhattan, Icahn Stadium, 10 Central Road" <i>(Since this is an actual street address, "Randall's Island" isn't necessary)</i>
<b>30s &amp; 40s</b>	"In Manhattan, Randall's Island, Sunken Meadow Loop, Field 30," (31, 32, etc.)
<b>50's</b>	"In Manhattan, Ward's Island, Central Road, Field 50," (51, 52 etc.)
<b>60's (Kantor)</b>	"In Manhattan, Ward's Island Hell Gate Circle, Field 60"
<b>70s</b>	"In Manhattan, Ward's Island, Wards Meadow Loop, Field 70," (71, 72, etc.)
<b>80s</b>	"In Manhattan, Ward's Island, East River Lane, Field 80," (81, 82, etc.)
<b>90s</b>	"In Manhattan, Ward's Island, Sunken Garden Loop, Field 90"

**Nearest Hospitals are on the reverse of this page**

#### Non-Emergency Numbers

Police: In an emergency call **911**: for the 25th Precinct: [212-860-6511](tel:212-860-6511)

NY Parks Central Communications [646-613-1200](tel:646-613-1200); they can page a Randall's Island Staff member

## Nearest Hospital Emergency Rooms

### Metropolitan Hospital

**308 East 97<sup>th</sup> Street (97<sup>th</sup> and 1<sup>st</sup> Avenue)**

4.4 miles, 18 minutes

1. Follow signs toward **Manhattan/RFK Bridge**
2. Use the left 2 lanes to take the **FDR Drive South** exit
3. FDR south to Exit 14, 96th St.
4. Off ramp turn right on **97<sup>th</sup> St.**
5. Cross 1<sup>st</sup> Avenue; Emergency Entrance on right

### Mt Sinai Hospital

**1464 Madison Avenue (100<sup>th</sup> & 101 Streets)**

4.8 miles, 20 minutes

1. From Randall's follow signs toward **Manhattan/RFK Bridge**
2. Use the left 2 lanes to take the **FDR Drive South** exit
3. FDR south to **Exit 14, 96th St.**
4. From Ramp turn right on **97<sup>th</sup> St**
5. .6 miles on 97th St, then right on **MADISON Ave**
6. Go three blocks to **100th St.** Emergency Entrance on left

### Harlem Hospital Center

**72 W 137th St. (Between 5<sup>th</sup> and Park)**

4 miles, 15-20 minutes

1. Follow signs for **I-278 East/Bronx**
2. Take ramp to I-278; cross bridge; use left lanes to **Exit 47, I-87 North aka Major Deegan Expwy**
3. .8 mile on I-87, take **Exit 3, East 138th St.**
4. **Left on 138th St.**, cross bridge, two blocks then left on **Malcolm X Blvd**
5. 1 block then left on **137th St.** Emergency entrance on right

